



In Christ I am... SEALED with the Holy Spirit



Key truths:

1. If I'm in Christ,
the Holy Spirit is in me.

2. No one can take me from
Jesus.

3. The Holy Spirit is proof
I belong to God.



Discussion Starters:

1. A seal is a mark that used to be place on letters to identify who had sent it. It would also be branded in animals or other possessions to show to whom they belonged. Why would Paul say the Holy Spirit is a seal in us? What does this seal mean?

- For Youth: What aspects of your identity are you most proud of? Where does it fit into your identity that you are a child of God? How should it change how you see yourself to know you are God's child?

2. Isn't it great that God wants us to be reminded we are His children? Is there a time you forget it? Does knowing it help you when you're afraid or sad?

- For Youth: According to this passage, what role does the Holy Spirit play in you being a child of God? What does he do?

3. The word 'guarantee' in Ephesians 1:14 means also 'down payment', which is the first amount of money a person gives when buying a house to confirm the deal is done. What does Jesus give us when we believe him? What else is waiting for us in eternity?

- For Youth: Does the inheritance you have been given feel real to you? Are there times when it feels imaginary? What can you do to make it more real in your life?

"In love he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will, to the praise of his glorious grace, with which he has blessed us in the Beloved."

Ephesians 1:5-6

