



## In Christ I am... **ADOPTED** by God.



### Key truths:

1. In Christ I have every spiritual blessing.

2. In Christ I become God's child.

3. In Christ I receive an inheritance.



### Discussion Starters:

1. Do you know someone who was adopted? What does it mean that we are adopted into God's family?

- For Youth: Why does Paul specify that we are adopted as sons, instead of saying 'as children'?

2. Have you ever not been chosen for some group, team, promotion, part in a play etc.? How does it change how you understand yourself, to know that God chose you before you were even born? And what does it mean that God chose you before you had done anything good or bad?

- For Youth: How does it change how you understand the purpose of your life?

3. We say "God bless you!" when someone sneezes, because you want them to be healthy, which is a blessing, a good gift. Can you name some blessings in your life?

- For Youth: Paul is saying that in Christ, we have been blessed with 'every spiritual blessing in the Heavenly places.' What spiritual blessings is he talking about? Do you feel like you experience these blessings in your life day to day?

**"In love he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will, to the praise of his glorious grace, with which he has blessed us in the Beloved."**

**Ephesians 1:5-6**

