



## Because I'm in Christ, I can live at peace with others.



### Key truths:

1. What we say to others matter.

2. What we say and do in anger matters.

3. Our attitudes and actions when we are wronged matter.



### Discussion Starters:

1. Sometimes people make unkind comments and then say “I was just kidding” or “It was just a joke.” What do you think Paul would say about comments like this, based on these verses?
2. What are some things you SHOULD be angry about? Hint- if we are to imitate Jesus, what were some things Jesus was angry about (see Matthew 23:1-36, Matthew 21:12-13)? What would that look like in today's world? How can you be angry and act in a way that is not sinful?
3. Paul encourages us to use words that build up rather than words that are angry, full of malice and slanderous. Who should you encourage this week with words that build up? Be specific and intentionally make a plan to build up someone.
4. Unresolved conflict gives an opportunity for the devil, it grieves the Holy Spirit, it affects our walk with Christ. Do you have an unresolved conflict that needs to be dealt with? Ask the group to pray for you in this.

### Bonus Activity

Corrie ten Boom, survivor of a Nazi concentration camp, writes beautifully on forgiveness. See: <https://www.guideposts.org/better-living/positive-living/guideposts-classics-corrie-ten-boom-on-forgiveness> (Parents may want to read first!) How was she able to forgive a prison guard who had done so much evil? What must we understand first before we are able to forgive?

“Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.”

Ephesians 5:1-2

