



## Because I'm in Christ, I can be holy.



### Key truths:

1. Our new identity tells us how to live.

2. We are still used to living our old identity.

3. The Holy Spirit helps us live according to who Jesus made us be.



### Discussion Starters:

1. What does “holy” mean? How is God holy? How can we be holy in what we say and do? We should be careful not to think of ourselves as “higher” or “better” than others- this is not what “holy” means for us. Think about Jesus, the holy Son of God- how did he act when he was on earth? (see Philippians 2: 3-8)
2. Paul wrote 3 ½ chapters in Ephesians describing my new identity in Jesus, as an individual and as part of the church. This identity is given to me when I believe in Jesus and trust Him as my Lord. How does this new identity affect how I think and act each day?  
For Youth: How should knowing God change the way you live? How does it change the way you personally live?
3. What does Paul mean when he says to take off the old self and put on the new self? What does that look like in practice?
4. Why is it hard to “put off your old self” sometimes? (for example: I don't want to be different, it takes a lot of effort to stop bad habits, my old self isn't so bad). How can our desires be “deceitful” (verse 22)?  
For Youth: How has being involved at Stone Hill helped you to make some of these changes this year? Where do you still need to grow?

“Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.”

Ephesians 5:1-2

