



In Christ I am... VICTORIOUS



Key truths:

1. Jesus conquered death!

2. Christ rules over everything.

3. Christ is the head of the church.



Discussion Starters:

1. Who is the most powerful character you know? What superpower would you like to have? Ephesians 1:21 says because Jesus defeated death, He has authority and power over everything and everyone. He doesn't need the spirit of the Black Panther to give Him superpowers. He is faster than Flash, stronger than Hulk, smarter than Batman. He's got the ultimate super power - he can give people LIFE, he is the only one who can beat DEATH!

For Youth: Paul says that the same power that raised Jesus from the dead, lives in us.

- Are there any situations in your life which make this hard to believe?

- How would it change your response to those situations, if you believed that the resurrection power of God was in you?

2. What are some examples of rule, authority and power today? What are some people/things that have control? Jesus has authority over all these things, good and bad.

3. As part of his body, we are connected to Him and filled with Him and so we share the benefits of his victory! Jesus is our Lord and we belong to Jesus alone. How does that help you when you're afraid or worried or angry?

For Youth: What does it mean to you that Christ is the head of the Church? Do you feel you experience Christ's power in the Church? How?

"In love he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will, to the praise of his glorious grace, with which he has blessed us in the Beloved."
Ephesians 1:5-6

