

# Discipleship Adult Education Class | Course Syllabus

## Course Overview

This 8-week course is designed to equip participants to understand and practice biblical discipleship. Through teaching, discussions, and practical assignments, participants will grow as disciples of Jesus and gain tools to disciple others effectively.

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## Learning Objectives

- Understand the biblical model of discipleship: who, what, when, where and why?
  - Gain practical experience in discipleship – on Sundays and outside of class
  - Ultimately, to be better equipped to disciple others, while being a disciple ourselves – regardless of experience or years of being a believer
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## Course Details

Format:

- Weekly Adult Education class sessions for 8 weeks
- Assigned readings from three key books
- Outside-class partner meetings (3–4 times during the course)

Commitment Requirements:

- Attend the 8 weekly sessions
- Complete assigned readings
- Meet with assigned partner outside of class to practice
- Actively participate in table discussions
- Commit to being a part of creating a culture of discipleship at Stone Hill

Enrollment Cap: 24 participants

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## Pre-Course Preparation

1. Informational Session/FAQs:

Participants will attend a Zoom informational session or review the FAQs before enrolling to understand the course's purpose and expectations.

2. Survey:

Participants will complete a survey to help us better understand them, enabling more effective course material and pairings.

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## Weekly Course Overview

Assignment before coming to Session One

- Read *Discipling* Introduction & Ch.1-4 (~34 pages)
- Matthew 28:16-20

#### Session One: What It Means to Be a Disciple

- What the Bible tells us about walking with Jesus, being disciples ourselves, and then discipling others
  - *Discipling*: Introduction & Ch.1-4
  - Matthew 28:16-20
  - Asking the right questions
- Assignment for the next class
  - Read *Discipling* Ch.5-8 (~42 pages)
  - Read 2 Timothy 1 and journal

#### Session Two: The Biblical Model of Discipleship: Overview, Part 1

- What does the Bible say about discipleship? The practicalities of discipleship.
  - *Discipling*: Ch.5-8
  - 2 Timothy 1
- Assignment for the next class
  - Read *Discipling* Ch.9-10 (~10 pages)
  - Read 2 Timothy 2 and journal
  - Meet with class partner for the first time

#### Session Three: Biblical Model of Discipleship: Overview, Part 2

- Exposition of the sacrificial nature and challenges of discipleship
  - *Discipling*: Ch.9-10
  - 2 Timothy 2
  - Resolving Conflict Part 1
- Assignment for the next class
  - Read *One-to-One Bible Reading*
  - Read 2 Timothy 3 and journal
  - Meet with class partner for the first time if you have not done so yet

#### Session Four: Discipling Others – Helping Others Follow Jesus Part 1

- Helping others follow Jesus even as you grow - Part 1
  - *One-to-One Bible Reading*
  - 2 Timothy 3
- Assignment for the next class
  - Read 2 Timothy 4 and journal
  - Meet with class partner for the second time
  - Practice One-to-One Bible study with class partner

#### Session Five: Discipling Others – the Voice of Experience

- Speakers share stories from their time discipling others
- Assignment for the next class
  - Read Just for Starters book
  - Meet with class partner for the second time if you have not done so yet

#### Session Six: Discipling Others – Helping Others Follow Jesus Part 2

- Helping others follow Jesus even as you grow - Part 2
  - *Just for Starters*
  - Resolving Conflict Part 2
- Assignment for the next class
  - Meet with class partner for the third time

#### Session Seven: Hands On Practice – in class

- Case studies
- Assignment for the next class
  - Meet with class partner for the third time if you have not done so yet
  - Pray and think about what's next for you

#### Session Eight: Talking it Out

- Panelists share experiences
- Making a plan, being open to God using you, wherever you are in your journey of faith
- Resources

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#### Course Materials

- *Discipling* by Mark Dever (Crossway)
  - *One-to-One Bible Reading* by David Helm (Matthias Media)
  - *Just for Starters* Participant Book (Matthias Media)
  - 2 Timothy and other Scripture passages
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#### Questions?

Contact [discipleship@stonehillprinceton.org](mailto:discipleship@stonehillprinceton.org)